

Grace Ski Team Weekly Journal: Week 13 January 25th

Coach's Comments: Everyone is improving! Even your coaches skied some speedy and tough courses in Homer this weekend! congratulations Kate Winkle for attaining Gamma Status in a 6K Classic race!

Monday: Classic 3:50-5p Service

Tuesday: Coach Rowe picks Style, 7-8:30 Hilltop

Wednesday: Skate 3:50-5p Service

Thursday: Coaches wax-rest

Friday: Colony 3K Skate before Homecoming Game

Saturday: Colony 6K Classic before Homecoming

Day	Team Plan	Your Activity	Comment
Monday			
Tuesday			
Wednesday			
Thursday			
Friday			
Weekend			

Observations:

Signed: _____

Confirmed: _____

Coach Reviewed: _____